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| A mode of delivery in which abdomen is opened in layers and a nick is given on the uterus to deliver the baby. **cesarean section**  Common procedure but recovery will be slow and pain would be more compared to the normal delivery.  Associated with risk of repeat surgery in future, risk of placenta getting stuck to the uterus causing heavy bleeding in the second pregnancy, small risk of scar giving away in the next childbirth. | **vbac**  It’s the terminology used for vaginal birth after a cesarean section.  Different factors like gap between thepregnancy, baby weight, any infection after cesarean, cause for prior surgery are taken into consideration.  A good facility with anesthesia and blood bank is required for a patient to undergo VBAC |
| **abortion**  Fetal loss before the viability period is called abortion. It is the most distressing situation for the parents.  It can happen due to variety of reasons including Chromosomal problems, blood disorders, thyroid or uncontrolled sugars, structural problems in the uterus.  A single episode of abortion doesn’t warrant detailed evaluation. | **Twin pregnancy**  Can be diagnosed as early as 6 weeks of gestation by ultrasound. Can happen due to genetics, or use of ovulation medicine or injection for fertility treatment. Advanced age also increases the risk.  Twin gestation can be associated with more complications depending on the type of pregnancy in scanning. A healthy normal twin gestation can even go for a vaginal delivery trial. |